



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

21. Thüringer Zahnarztstaffel

Total time: 14:53:51

Number: 101

Speed: 11.28 km/h

Running performance: 5:17 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 55 (of 191)

Best time in course: 10:58:34

Category:

Rank in category: 44(of 122)

Männerstaffel

Best time in the category: 10:58:34

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hohe Sonne | 14.00 | 1:32:22 | 6:35 | 115 | 36:08 | 174 | 36:08 | 14.00 | 1:32:22 | 6:35 | 115 | 36:08 | 174 | 36:08 |
| Grenzwiese/Kleir | 19.60 | 1:32:19 | 4:42 | 18 | 16:21 | 29 | 16:21 | 33.60 | 3:04:41 | 5:29 | 62 | 52:04 | 83 | 52:04 |
| Neue Ausspanne | 14.00 | 1:17:02 | 5:30 | 70 | 23:53 | 94 | 23:53 | 47.60 | 4:21:43 | 5:29 | 66 | 1:13:35 | 84 | 1:13:35 |
| Grenzdler (Ober | 13.70 | 1:10:11 | 5:07 | 39 | 18:19 | 48 | 18:19 | 61.30 | 5:31:54 | 5:24 | 49 | 1:27:44 | 65 | 1:27:44 |
| Allzunah | 19.90 | 1:39:55 | 5:01 | 62 | 31:51 | 83 | 31:51 | 81.20 | 7:11:49 | 5:19 | 52 | 1:56:42 | 66 | 1:56:42 |
| Masserberg (Ren | 17.90 | 1:43:44 | 5:47 | 86 | 35:24 | 123 | 35:24 | 99.10 | 8:55:33 | 5:24 | 61 | 2:26:04 | 79 | 2:26:04 |
| Neuhaus (Rennst | 19.90 | 1:34:19 | 4:44 | 26 | 17:21 | 31 | 17:21 | 119.00 | 10:29:52 | 5:17 | 45 | 2:38:53 | 57 | 2:38:53 |
| Wanderhütte an | 13.50 | 1:17:14 | 5:43 | 75 | 25:53 | 94 | 25:53 | 132.50 | 11:47:06 | 5:20 | 46 | 3:03:44 | 56 | 3:03:44 |
| Brennersgrün | 15.90 | 1:21:05 | 5:05 | 42 | 23:57 | 56 | 23:57 | 148.40 | 13:08:11 | 5:18 | 44 | 3:26:29 | 54 | 3:26:29 |
| Blankenstein | 20.30 | 1:45:40 | 5:12 | 74 | 31:37 | 101 | 1:45:40 | 168.97 | 14:53:51 | 5:17 | 44 | 3:55:17 | 55 | 3:55:17 |