



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

Detailed evaluation

Runster

Club: Runster
Number: 173

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 15:25:35

Speed: 10.89 km/h
Running performance: 5:28 min/km

Rank in course: 91 (of 191)
Best time in course: 10:58:34

Rank in category: 71(of 122)
Best time in the category: 10:58:34

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hohe Sonne | 14.00 | 1:05:45 | 4:41 | 14 | 9:31 | 18 | 9:31 | 14.00 | 1:05:45 | 4:41 | 14 | 9:31 | 18 | 9:31 |
| Grenzwiese/Kleir | 19.60 | 1:34:40 | 4:49 | 26 | 18:42 | 38 | 18:42 | 33.60 | 2:40:25 | 4:46 | 11 | 27:48 | 17 | 27:48 |
| Neue Ausspanne | 14.00 | 1:30:10 | 6:26 | 110 | 37:01 | 167 | 37:01 | 47.60 | 4:10:35 | 5:15 | 45 | 1:02:27 | 58 | 1:02:27 |
| Grenzdler (Ober | 13.70 | 1:14:24 | 5:25 | 53 | 22:32 | 69 | 22:32 | 61.30 | 5:24:59 | 5:18 | 42 | 1:20:49 | 54 | 1:20:49 |
| Allzunah | 19.90 | 1:56:48 | 5:52 | 105 | 48:44 | 160 | 48:44 | 81.20 | 7:21:47 | 5:26 | 65 | 2:06:40 | 84 | 2:06:40 |
| Masserberg (Ren | 17.90 | 1:35:42 | 5:20 | 56 | 27:22 | 78 | 27:22 | 99.10 | 8:57:29 | 5:25 | 62 | 2:28:00 | 80 | 2:28:00 |
| Neuhaus (Rennst | 19.90 | 1:49:31 | 5:30 | 70 | 32:33 | 96 | 32:33 | 119.00 | 10:47:00 | 5:26 | 59 | 2:56:01 | 77 | 2:56:01 |
| Wanderhütte an | 13.50 | 1:30:06 | 6:40 | 111 | 38:45 | 167 | 38:45 | 132.50 | 12:17:06 | 5:33 | 73 | 3:33:44 | 96 | 3:33:44 |
| Brennersgrün | 15.90 | 1:27:44 | 5:31 | 70 | 30:36 | 101 | 30:36 | 148.40 | 13:44:50 | 5:33 | 75 | 4:03:08 | 97 | 4:03:08 |
| Blankenstein | 20.30 | 1:40:45 | 4:57 | 59 | 26:42 | 76 | 1:40:45 | 168.97 | 15:25:35 | 5:28 | 71 | 4:27:01 | 91 | 4:27:01 |