



15. Thüringen ULTRA

Fröttstädt / 01.07.2023

Detailed evaluation

Für André

Club: Lauffeuer Fröttstädt e.V.

Number: 4005

Course: 100.00 km

Staffel 4x25 km

Category:

Männerstaffel (4er)

Total time: 11:09:41

Speed: 8.96 km/h

Running performance: 6:41 min/km

Rank in course: 8 (of 10)

Best time in course: 8:50:47

Rank in category: 4(of 4)

Best time in the category: 8:50:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.00	3:10:02	7:02	4	30:56	7	37:00	27.00	3:10:02	7:02	4	30:56	7	37:00
Floh-Seligenthal	27.00	2:53:50	6:26	4	35:06	7	35:06	54.00	6:03:52	6:44	4	48:42	7	50:42
Finsterbergen	24.00	2:37:57	6:34	4	46:16	9	46:16	78.00	8:41:49	6:41	4	1:34:10	7	1:34:10
Fröttstädt	22.00	2:27:52	6:43	2	44:44	5	44:44	100.00	11:09:41	6:41	4	2:18:54	8	2:18:54