



# 15. Thüringen ULTRA

Fröttstädt / 01.07.2023

## Detailed evaluation

Die Selbstläufer

Number: 4010

Course: 100.00 km

Staffel 4x25 km

Category:

Mixstaffel (4er)

Total time: 10:02:38

Speed: 9.96 km/h

Running performance: 6:01 min/km

Rank in course: 4 (of 10)

Best time in course: 8:50:47

Rank in category: 3(of 6)

Best time in the category: 9:41:00

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.00	2:52:33	6:23	2	19:31	4	19:31	27.00	2:52:33	6:23	2	19:31	4	19:31
Floh-Seligenthal	27.00	2:28:25	5:29	1	-	2	9:41	54.00	5:20:58	5:56	2	7:48	5	7:48
Finsterbergen	24.00	2:03:34	5:08	1	-	2	11:53	78.00	7:24:32	5:41	2	3:26	3	16:53
Fröttstädt	22.00	2:38:06	7:11	4	45:59	7	54:58	100.00	10:02:38	6:01	3	21:38	4	1:11:51