



15. Thüringen ULTRA
Fröttstädt / 01.07.2023

Detailed evaluation

Vier Freunde für ein Ultra

Number: 4007

Course: 100.00 km

Staffel 4x25 km

Category:

Mixstaffel (4er)

Total time: 11:05:51

Speed: 9.01 km/h

Running performance: 6:39 min/km

Rank in course: 7 (of 10)

Best time in course: 8:50:47

Rank in category: 4 (of 6)

Best time in the category: 9:41:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.00	3:23:05	7:31	4	50:03	8	50:03	27.00	3:23:05	7:31	4	50:03	8	50:03
Floh-Seligenthal	27.00	2:54:22	6:27	4	25:57	8	35:38	54.00	6:17:27	6:59	4	1:04:17	8	1:04:17
Finsterbergen	24.00	2:32:05	6:20	5	28:31	8	40:24	78.00	8:49:32	6:47	4	1:28:26	8	1:41:53
Fröttstädt	22.00	2:16:19	6:11	2	24:12	3	33:11	100.00	11:05:51	6:39	4	1:24:51	7	2:15:04