



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Jonathan Gakstatter

Club: LG Ultralauf
Number: 1023

Course: 160.00 km
100 Meilen

Category:
Männer (20-29 Jahre) M

Total time: 17:03:47

Speed: 9.38 km/h
Running performance: 6:23 min/km

Rank in course/Total: 1 (of 70)

Rank in course/Men: 1 (of 63)

Best time in course: 17:03:47

Rank in category: 1(of 3)

Best time in the category: 17:03:47

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Hörselberg | 42.00 | 4:07:33 | 5:53 | 1 | - | 4 | 31:58 | 42.00 | 4:07:33 | 5:53 | 1 | - | 4 | 31:58 |
| Sondra | 28.00 | 3:33:44 | 7:37 | 1 | - | 3 | 13:09 | 70.00 | 7:41:17 | 6:35 | 1 | - | 3 | 43:42 |
| Glasbachwiese | 17.00 | 1:58:25 | 6:57 | 1 | - | 1 | - | 87.00 | 9:39:42 | 6:39 | 1 | - | 3 | 30:24 |
| Floh-Seligenthal | 27.00 | 2:45:02 | 6:06 | 1 | - | 1 | - | 114.00 | 12:24:44 | 6:31 | 1 | - | 2 | 15:07 |
| Finsterbergen | 24.00 | 2:21:41 | 5:54 | 1 | - | 1 | - | 138.00 | 14:46:25 | 6:25 | 1 | - | 1 | - |
| Fröttstädt | 22.00 | 2:17:22 | 6:14 | 1 | - | 5 | 2:17:22 | 160.00 | 17:03:47 | 6:23 | 1 | - | 1 | - |