



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Jonathan Gakstatter

Club: LG Ultralauf
Number: 1023

Course: 160.00 km
100 Meilen

Category:
Männer (20-29 Jahre) M

Total time: 17:03:47

Speed: 9.38 km/h
Running performance: 6:23 min/km

Rank in course/Total: 1 (of 70)

Rank in course/Men: 1 (of 63)

Best time in course: 17:03:47

Rank in category: 1(of 3)

Best time in the category: 17:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:07:33	5:53	1	-	4	31:58	42.00	4:07:33	5:53	1	-	4	31:58
Sondra	28.00	3:33:44	7:37	1	-	3	13:09	70.00	7:41:17	6:35	1	-	3	43:42
Glasbachwiese	17.00	1:58:25	6:57	1	-	1	-	87.00	9:39:42	6:39	1	-	3	30:24
Floh-Seligenthal	27.00	2:45:02	6:06	1	-	1	-	114.00	12:24:44	6:31	1	-	2	15:07
Finsterbergen	24.00	2:21:41	5:54	1	-	1	-	138.00	14:46:25	6:25	1	-	1	-
Fröttstädt	22.00	2:17:22	6:14	1	-	5	2:17:22	160.00	17:03:47	6:23	1	-	1	-