



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Marcus Lehmann

Club: the Schogettes
Number: 122

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 12:33:51

Speed: 7.96 km/h
Running performance: 7:32 min/km

Rank in course/Total: 47 (of 153)

Rank in course/Men: 40 (of 118)

Best time in course: 8:41:00

Rank in category: 6(of 11)

Best time in the category: 9:33:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:17:12	7:18	6	48:04	60	1:05:23	27.00	3:17:12	7:18	6	48:04	60	1:05:23
Floh-Seligenthal	27.00	3:14:50	7:12	6	42:58	42	57:18	54.00	6:32:02	7:15	6	1:29:40	51	2:02:41
Finsterbergen	22.00	2:56:42	8:01	6	43:40	34	55:31	76.00	9:28:44	7:29	6	2:13:20	43	2:58:12
Fröttstädt	24.00	3:05:07	7:42	6	48:08	39	3:05:07	100.00	12:33:51	7:32	6	3:00:38	40	3:52:51