



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Martin Krauß

Number: 77

Course: 100.00 km
100 Kilometer

Category:
Senioren M40 (40-44)

Total time: 14:17:30

Speed: 7.00 km/h

Running performance: 8:34 min/km

Rank in course/Total: 103 (of 153)

Rank in course/Men: 81 (of 118)

Best time in course: 8:41:00

Rank in category: 8(of 11)

Best time in the category: 9:33:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:26:41	7:39	9	57:33	74	1:14:52	27.00	3:26:41	7:39	9	57:33	74	1:14:52
Floh-Seligenthal	27.00	3:23:11	7:31	8	51:19	60	1:05:39	54.00	6:49:52	7:35	8	1:47:30	67	2:20:31
Finsterbergen	22.00	3:32:57	9:40	8	1:19:55	80	1:31:46	76.00	10:22:49	8:11	8	3:07:25	76	3:52:17
Fröttstädt	24.00	3:54:41	9:46	10	1:37:42	93	3:54:41	100.00	14:17:30	8:34	8	4:44:17	81	5:36:30