



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Daniel Derstappen

Club: Goitzsche-Sport e.V.
Number: 165

Course: 100.00 km
100 Kilometer

Category:
Senioren M45 (45-49)

Total time: 12:20:18

Speed: 8.10 km/h
Running performance: 7:24 min/km

Rank in course/Total: 39 (of 153)

Rank in course/Men: 33 (of 118)

Best time in course: 8:41:00

Rank in category: 11(of 19)

Best time in the category: 8:41:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:17:31	7:18	14	1:05:42	64	1:05:42	27.00	3:17:31	7:18	14	1:05:42	64	1:05:42
Floh-Seligenthal	27.00	3:11:11	7:04	10	53:39	38	53:39	54.00	6:28:42	7:11	12	1:59:21	45	1:59:21
Finsterbergen	22.00	2:49:52	7:43	9	48:41	26	48:41	76.00	9:18:34	7:20	11	2:48:02	40	2:48:02
Fröttstädt	24.00	3:01:44	7:34	11	55:03	34	3:01:44	100.00	12:20:18	7:24	11	3:39:18	33	3:39:18