



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Uwe Stammer

Club: Blau-Weiss-Hettstedt
Number: 108

Course: 100.00 km
100 Kilometer

Category:
Senioren M45 (45-49)

Total time: 13:30:31

Speed: 7.40 km/h
Running performance: 8:06 min/km

Rank in course/Total: 79 (of 153)

Rank in course/Men: 65 (of 118)

Best time in course: 8:41:00

Rank in category: 15(of 19)

Best time in the category: 8:41:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	fehlt!	-	-	-	-	-	27.00	-	-	-	-	-	-
Floh-Seligenthal	27.00	6:56:08	15:24	19	4:38:36	114	4:38:36	54.00	6:56:08	7:42	18	2:26:47	73	2:26:47
Finsterbergen	22.00	3:15:58	8:54	14	1:14:47	63	1:14:47	76.00	10:12:06	8:03	16	3:41:34	69	3:41:34
Fröttstädt	24.00	3:18:25	8:16	15	1:11:44	59	3:18:25	100.00	13:30:31	8:06	15	4:49:31	65	4:49:31