



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Torsten Heß

Club: LG Rippershausen
Number: 112

Course: 100.00 km
100 Kilometer

Category:
Senioren M50 (50-54)

Total time: 11:13:12

Speed: 8.91 km/h
Running performance: 6:43 min/km

Rank in course/Total: 20 (of 153)

Rank in course/Men: 18 (of 118)

Best time in course: 8:41:00

Rank in category: 5(of 22)

Best time in the category: 10:10:52

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|---------|--------|----------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Glasbachwiese | 27.00 | 2:51:05 | 6:20 | 8 | 15:04 | 25 | 39:16 | 27.00 | 2:51:05 | 6:20 | 8 | 15:04 | 25 | 39:16 |
| Floh-Seligenthal | 27.00 | 2:51:57 | 6:22 | 5 | 19:49 | 16 | 34:25 | 54.00 | 5:43:02 | 6:21 | 5 | 34:53 | 18 | 1:13:41 |
| Finsterbergen | 22.00 | 2:43:54 | 7:27 | 5 | 19:10 | 21 | 42:43 | 76.00 | 8:26:56 | 6:40 | 6 | 54:03 | 19 | 1:56:24 |
| Fröttstädt | 24.00 | 2:46:16 | 6:55 | 4 | 16:48 | 19 | 2:46:16 | 100.00 | 11:13:12 | 6:43 | 5 | 1:02:20 | 18 | 2:32:12 |