



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Sebastian Schmidt

Number: 1066

Course: 160.00 km
100 Meilen

Category:
Senioren M40 (40-44) M

Total time: 17:46:01

Speed: 9.01 km/h

Running performance: 6:39 min/km

Rank in course/Total: 4 (of 70)

Rank in course/Men: 4 (of 63)

Best time in course: 17:03:47

Rank in category: 2(of 6)

Best time in the category: 17:38:47

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:26:36	6:20	4	49:32	16	51:01	42.00	4:26:36	6:20	4	49:32	16	51:01
Sondra	28.00	3:40:59	7:53	3	20:24	8	20:24	70.00	8:07:35	6:57	3	1:09:56	8	1:10:00
Glasbachwiese	17.00	2:06:23	7:26	1	-	2	7:58	87.00	10:13:58	7:03	2	1:04:01	5	1:04:40
Floh-Seligenthal	27.00	2:51:08	6:20	1	-	2	6:06	114.00	13:05:06	6:53	2	29:17	4	55:29
Finsterbergen	24.00	2:24:36	6:01	1	-	2	2:55	138.00	15:29:42	6:44	1	-	3	43:17
Fröttstädt	22.00	2:16:19	6:11	2	9:45	4	2:16:19	160.00	17:46:01	6:39	2	7:14	4	42:14