



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Christoph Mehnert

Club: Bautzener LV Rot-Weiß 90
Number: 15

Course: 100.00 km
100 Kilometer

Category:
Senioren M50 (50-54)

Total time: 11:24:43

Speed: 8.76 km/h
Running performance: 6:50 min/km

Rank in course/Total: 22 (of 153)

Rank in course/Men: 20 (of 118)

Best time in course: 8:41:00

Rank in category: 6(of 22)

Best time in the category: 10:10:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:43:49	6:04	4	7:48	16	32:00	27.00	2:43:49	6:04	4	7:48	16	32:00
Floh-Seligenthal	27.00	2:50:07	6:18	4	17:59	14	32:35	54.00	5:33:56	6:11	4	25:47	15	1:04:35
Finsterbergen	22.00	2:49:31	7:42	7	24:47	25	48:20	76.00	8:23:27	6:37	5	50:34	17	1:52:55
Fröttstädt	24.00	3:01:16	7:33	7	31:48	33	3:01:16	100.00	11:24:43	6:50	6	1:13:51	20	2:43:43