



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Mike Wingerning

Number: 143

Course: 100.00 km
100 Kilometer

Category:
Senioren M50 (50-54)

Total time: 14:20:02

Speed: 6.98 km/h

Running performance: 8:36 min/km

Rank in course/Total: 105 (of 153)

Rank in course/Men: 83 (of 118)

Best time in course: 8:41:00

Rank in category: 17(of 22)

Best time in the category: 10:10:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:18:03	7:20	14	42:02	65	1:06:14	27.00	3:18:03	7:20	14	42:02	65	1:06:14
Floh-Seligenthal	27.00	3:28:07	7:42	15	55:59	71	1:10:35	54.00	6:46:10	7:31	14	1:38:01	62	2:16:49
Finsterbergen	22.00	3:32:40	9:39	17	1:07:56	79	1:31:29	76.00	10:18:50	8:08	16	2:45:57	72	3:48:18
Fröttstädt	24.00	4:01:12	10:02	18	1:31:44	95	4:01:12	100.00	14:20:02	8:36	17	4:09:10	83	5:39:02