



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Matthias Giez

Number: 162

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 11:50:22

Speed: 8.45 km/h

Running performance: 7:06 min/km

Rank in course/Total: 25 (of 153)

Rank in course/Men: 23 (of 118)

Best time in course: 8:41:00

Rank in category: 1(of 17)

Best time in the category: 11:50:22

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	Total	
Glasbachwiese	27.00	3:05:16	6:51	5	7:37	36	53:27	27.00	3:05:16	6:51	5	7:37	36	53:27
Floh-Seligenthal	27.00	3:06:12	6:53	2	5:05	33	48:40	54.00	6:11:28	6:52	1	-	31	1:42:07
Finsterbergen	22.00	2:43:37	7:26	1	-	20	42:26	76.00	8:55:05	7:02	1	-	26	2:24:33
Fröttstädt	24.00	2:55:17	7:18	2	2:30	27	2:55:17	100.00	11:50:22	7:06	1	-	23	3:09:22