



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Sven Franke

Club: Brockenlaufverein Ilsenburg
Number: 60

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 12:20:03

Speed: 8.11 km/h
Running performance: 7:24 min/km

Rank in course/Total: 38 (of 153)

Rank in course/Men: 32 (of 118)

Best time in course: 8:41:00

Rank in category: 2(of 17)

Best time in the category: 11:50:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:57:39	6:34	1	-	29	45:50	27.00	2:57:39	6:34	1	-	29	45:50
Floh-Seligenthal	27.00	3:24:58	7:35	8	23:51	64	1:07:26	54.00	6:22:37	7:05	5	11:09	42	1:53:16
Finsterbergen	22.00	3:04:39	8:23	6	21:02	47	1:03:28	76.00	9:27:16	7:27	5	32:11	42	2:56:44
Fröttstädt	24.00	2:52:47	7:11	1	-	26	2:52:47	100.00	12:20:03	7:24	2	29:41	32	3:39:03