



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Stefan Kempmann

Club: TV 1904 Coburg-Lützelbuch e. V.
Number: 113

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 12:22:36

Speed: 8.08 km/h
Running performance: 7:25 min/km

Rank in course/Total: 40 (of 153)

Rank in course/Men: 34 (of 118)

Best time in course: 8:41:00

Rank in category: 3(of 17)

Best time in the category: 11:50:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:14:43	7:12	9	17:04	54	1:02:54	27.00	3:14:43	7:12	9	17:04	54	1:02:54
Floh-Seligenthal	27.00	3:01:07	6:42	1	-	26	43:35	54.00	6:15:50	6:57	4	4:22	38	1:46:29
Finsterbergen	22.00	2:53:37	7:53	2	10:00	29	52:26	76.00	9:09:27	7:13	2	14:22	33	2:38:55
Fröttstädt	24.00	3:13:09	8:02	5	20:22	47	3:13:09	100.00	12:22:36	7:25	3	32:14	34	3:41:36