



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Andreas Giersberg

Club: FunVorRun Witten
Number: 59

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 12:35:21

Speed: 7.94 km/h
Running performance: 7:33 min/km

Rank in course/Total: 49 (of 153)

Rank in course/Men: 41 (of 118)

Best time in course: 8:41:00

Rank in category: 4(of 17)

Best time in the category: 11:50:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:07:47	6:57	6	10:08	40	55:58	27.00	3:07:47	6:57	6	10:08	40	55:58
Floh-Seligenthal	27.00	3:18:01	7:20	6	16:54	46	1:00:29	54.00	6:25:48	7:08	6	14:20	44	1:56:27
Finsterbergen	22.00	3:01:25	8:14	4	17:48	41	1:00:14	76.00	9:27:13	7:27	4	32:08	41	2:56:41
Fröttstädt	24.00	3:08:08	7:50	4	15:21	42	3:08:08	100.00	12:35:21	7:33	4	44:59	41	3:54:21