



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Mike Hausdorf

Club: LG Mauerweglauf Berlin e.V.
Number: 78

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 12:51:54

Speed: 7.77 km/h
Running performance: 7:43 min/km

Rank in course/Total: 59 (of 153)

Rank in course/Men: 50 (of 118)

Best time in course: 8:41:00

Rank in category: 6(of 17)

Best time in the category: 11:50:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:16:31	7:16	10	18:52	59	1:04:42	27.00	3:16:31	7:16	10	18:52	59	1:04:42
Floh-Seligenthal	27.00	3:15:20	7:14	5	14:13	43	57:48	54.00	6:31:51	7:15	7	20:23	50	2:02:30
Finsterbergen	22.00	3:02:42	8:18	5	19:05	44	1:01:31	76.00	9:34:33	7:33	7	39:28	47	3:04:01
Fröttstädt	24.00	3:17:21	8:13	6	24:34	55	3:17:21	100.00	12:51:54	7:43	6	1:01:32	50	4:10:54