



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Wolfgang Schulz

Club: 100 Marathon Club
Number: 105

Course: 100.00 km
100 Kilometer

Category:
Senioren M55 (55-59)

Total time: 13:12:02

Speed: 7.58 km/h
Running performance: 7:55 min/km

Rank in course/Total: 68 (of 153)

Rank in course/Men: 56 (of 118)

Best time in course: 8:41:00

Rank in category: 8(of 17)

Best time in the category: 11:50:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:31:49	7:50	12	34:10	81	1:20:00	27.00	3:31:49	7:50	12	34:10	81	1:20:00
Floh-Seligenthal	27.00	3:28:29	7:43	9	27:22	73	1:10:57	54.00	7:00:18	7:46	10	48:50	80	2:30:57
Finsterbergen	22.00	3:08:26	8:33	7	24:49	51	1:07:15	76.00	10:08:44	8:00	9	1:13:39	66	3:38:12
Fröttstädt	24.00	3:03:18	7:38	3	10:31	37	3:03:18	100.00	13:12:02	7:55	8	1:21:40	56	4:31:02