



# 15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

## Detailed evaluation

Christoph Janthur

Club: LG Ultralauf  
Number: 160

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M60 (60-64)

Total time: 10:51:11

Speed: 9.21 km/h  
Running performance: 6:30 min/km

Rank in course/Total: 14 (of 153)

Rank in course/Men: 14 (of 118)

Best time in course: 8:41:00

Rank in category: 1(of 18)

Best time in the category: 10:51:11

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:49:37	6:16	2	1:59	22	37:48	27.00	2:49:37	6:16	2	1:59	22	37:48
Floh-Seligenthal	27.00	2:50:21	6:18	1	-	15	32:49	54.00	5:39:58	6:17	1	-	17	1:10:37
Finsterbergen	22.00	2:38:30	7:12	2	0:27	15	37:19	76.00	8:18:28	6:33	1	-	15	1:47:56
Fröttstädt	24.00	2:32:43	6:21	1	-	12	2:32:43	100.00	10:51:11	6:30	1	-	14	2:10:11