



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Norbert Gottschlich

Club: room AG
Number: 88

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 13:16:38

Speed: 7.53 km/h
Running performance: 7:57 min/km

Rank in course/Total: 70 (of 153)

Rank in course/Men: 58 (of 118)

Best time in course: 8:41:00

Rank in category: 7(of 18)

Best time in the category: 10:51:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:09:11	7:00	6	21:33	46	57:22	27.00	3:09:11	7:00	6	21:33	46	57:22
Floh-Seligenthal	27.00	3:28:39	7:43	12	38:18	74	1:11:07	54.00	6:37:50	7:22	6	57:52	56	2:08:29
Finsterbergen	22.00	3:13:21	8:47	8	35:18	57	1:12:10	76.00	9:51:11	7:46	7	1:32:43	55	3:20:39
Fröttstädt	24.00	3:25:27	8:33	11	52:44	69	3:25:27	100.00	13:16:38	7:57	7	2:25:27	58	4:35:38