



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Jürgen Haschen

Club: 100 Marathon Club Deutschland
Number: 120

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 14:13:45

Speed: 7.03 km/h
Running performance: 8:32 min/km

Rank in course/Total: 101 (of 153)

Rank in course/Men: 79 (of 118)

Best time in course: 8:41:00

Rank in category: 13(of 18)

Best time in the category: 10:51:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:35:43	7:59	14	48:05	93	1:23:54	27.00	3:35:43	7:59	14	48:05	93	1:23:54
Floh-Seligenthal	27.00	3:23:04	7:31	8	32:43	59	1:05:32	54.00	6:58:47	7:45	12	1:18:49	75	2:29:26
Finsterbergen	22.00	3:04:56	8:24	5	26:53	48	1:03:45	76.00	10:03:43	7:56	9	1:45:15	63	3:33:11
Fröttstädt	24.00	4:10:02	10:25	15	1:37:19	98	4:10:02	100.00	14:13:45	8:32	13	3:22:34	79	5:32:45