



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Gerald Röhricht

Club: Kyffhäuserberglaufverein
Number: 145

Course: 100.00 km
100 Kilometer

Category:
Senioren M60 (60-64)

Total time: 14:22:30

Speed: 6.96 km/h
Running performance: 8:37 min/km

Rank in course/Total: 106 (of 153)

Rank in course/Men: 84 (of 118)

Best time in course: 8:41:00

Rank in category: 14(of 18)

Best time in the category: 10:51:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:34:38	7:56	13	47:00	89	1:22:49	27.00	3:34:38	7:56	13	47:00	89	1:22:49
Floh-Seligenthal	27.00	3:40:28	8:09	13	50:07	82	1:22:56	54.00	7:15:06	8:03	14	1:35:08	89	2:45:45
Finsterbergen	22.00	3:43:40	10:09	14	1:05:37	89	1:42:29	76.00	10:58:46	8:40	13	2:40:18	87	4:28:14
Fröttstädt	24.00	3:23:44	8:29	10	51:01	68	3:23:44	100.00	14:22:30	8:37	14	3:31:19	84	5:41:30