



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Carsten Weser

Club: Südthüringentraail e.V.
Number: 1064

Course: 160.00 km
100 Meilen

Category:
Senioren M45 (45-49) M

Total time: 18:56:06

Speed: 8.45 km/h
Running performance: 7:06 min/km

Rank in course/Total: 5 (of 70)

Rank in course/Men: 5 (of 63)

Best time in course: 17:03:47

Rank in category: 1(of 7)

Best time in the category: 18:56:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:26:37	6:20	1	-	17	51:02	42.00	4:26:37	6:20	1	-	17	51:02
Sondra	28.00	3:41:11	7:53	1	-	9	20:36	70.00	8:07:48	6:58	1	-	9	1:10:13
Glasbachwiese	17.00	2:11:24	7:43	1	-	3	12:59	87.00	10:19:12	7:07	1	-	6	1:09:54
Floh-Seligenthal	27.00	3:00:58	6:42	1	-	4	15:56	114.00	13:20:10	7:01	1	-	6	1:10:33
Finsterbergen	24.00	2:50:10	7:05	1	-	5	28:29	138.00	16:10:20	7:01	1	-	5	1:23:55
Fröttstädt	22.00	2:45:46	7:32	1	-	9	2:45:46	160.00	18:56:06	7:06	1	-	5	1:52:19