



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Harald Balzk

Number: 52

Course: 100.00 km
100 Kilometer

Category:
Senioren M65 (65-69)

Total time: 12:59:39

Speed: 7.70 km/h

Running performance: 7:47 min/km

Rank in course/Total: 64 (of 153)

Rank in course/Men: 53 (of 118)

Best time in course: 8:41:00

Rank in category: 2(of 5)

Best time in the category: 12:43:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:35:42	7:59	3	10:47	92	1:23:53	27.00	3:35:42	7:59	3	10:47	92	1:23:53
Floh-Seligenthal	27.00	3:22:32	7:30	2	3:26	58	1:05:00	54.00	6:58:14	7:44	2	14:13	74	2:28:53
Finsterbergen	22.00	3:05:12	8:25	2	2:48	49	1:04:01	76.00	10:03:26	7:56	2	17:01	61	3:32:54
Fröttstädt	24.00	2:56:13	7:20	1	-	30	2:56:13	100.00	12:59:39	7:47	2	16:31	53	4:18:39