



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Rainer Leyendecker

Club: LG Ultralauf

Number: 168

Course: 100.00 km

100 Kilometer

Category:

Senioren M65 (65-69)

Total time: 14:08:26

Speed: 7.07 km/h

Running performance: 8:29 min/km

Rank in course/Total: 97 (of 153)

Rank in course/Men: 77 (of 118)

Best time in course: 8:41:00

Rank in category: 3(of 5)

Best time in the category: 12:43:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:32:41	7:52	2	7:46	86	1:20:52	27.00	3:32:41	7:52	2	7:46	86	1:20:52
Floh-Seligenthal	27.00	3:40:21	8:09	3	21:15	81	1:22:49	54.00	7:13:02	8:01	3	29:01	87	2:43:41
Finsterbergen	22.00	3:26:19	9:22	3	23:55	75	1:25:08	76.00	10:39:21	8:24	3	52:56	82	4:08:49
Fröttstädt	24.00	3:29:05	8:42	4	32:52	72	3:29:05	100.00	14:08:26	8:29	3	1:25:18	77	5:27:26