



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Wolfgang Knopke-Hülßenbeck

Club: MTV Vechelde

Number: 155

Course: 100.00 km

100 Kilometer

Category:

Senioren M65 (65-69)

Total time: 14:53:08

Speed: 6.72 km/h

Running performance: 8:55 min/km

Rank in course/Total: 118 (of 153)

Rank in course/Men: 93 (of 118)

Best time in course: 8:41:00

Rank in category: 4(of 5)

Best time in the category: 12:43:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	4:03:28	9:01	5	38:33	105	1:51:39	27.00	4:03:28	9:01	5	38:33	105	1:51:39
Floh-Seligenthal	27.00	3:56:12	8:44	4	37:06	92	1:38:40	54.00	7:59:40	8:52	5	1:15:39	100	3:30:19
Finsterbergen	22.00	3:35:31	9:47	4	33:07	82	1:34:20	76.00	11:35:11	9:08	4	1:48:46	95	5:04:39
Fröttstädt	24.00	3:17:57	8:14	3	21:44	57	3:17:57	100.00	14:53:08	8:55	4	2:10:00	93	6:12:08