



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Werner Hirsch

Number: 166

Course: 100.00 km  
100 Kilometer

Category:  
Senioren M70 (70-74)

Total time: 16:03:00

Speed: 6.23 km/h  
Running performance: 9:37 min/km

Rank in course/Total: 125 (of 153)

Rank in course/Men: 96 (of 118)

Best time in course: 8:41:00

Rank in category: 1(of 5)

Best time in the category: 16:03:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:34:50	7:57	1	-	91	1:23:01	27.00	3:34:50	7:57	1	-	91	1:23:01
Floh-Seligenthal	27.00	3:53:10	8:38	1	-	90	1:35:38	54.00	7:28:00	8:17	1	-	95	2:58:39
Finsterbergen	22.00	4:07:54	11:16	3	11:28	99	2:06:43	76.00	11:35:54	9:09	1	-	96	5:05:22
Fröttstädt	24.00	4:27:06	11:07	3	30:04	108	4:27:06	100.00	16:03:00	9:37	1	-	96	7:22:00