



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Heike Weiße

Number: 87

Course: 100.00 km  
100 Kilometer

Category:  
Seniorinnen W40 (40-44)

Total time: 12:56:05

Speed: 7.73 km/h

Running performance: 7:45 min/km

Rank in course/Total: 62 (of 153)

Rank in course/Women: 11 (of 35)

Best time in course: 10:52:44

Rank in category: 2(of 4)

Best time in the category: 10:52:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	2:59:25	6:38	2	8:20	4	8:20	27.00	2:59:25	6:38	2	8:20	4	8:20
Floh-Seligenthal	27.00	fehlt!	-	-	-	-	-	54.00	-	-	-	-	-	-
Finsterbergen	22.00	6:42:14	18:17	4	4:05:48	34	4:05:48	76.00	9:41:39	7:39	2	1:18:23	11	1:18:23
Fröttstädt	24.00	3:14:26	8:06	4	44:58	14	3:14:26	100.00	12:56:05	7:45	2	2:03:21	11	2:03:21