



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Sophie Janisch

Total time: 13:37:06

Number: 27

Speed: 7.34 km/h

Running performance: 8:10 min/km

Course: 100.00 km

Rank in course/Total: 85 (of 153)

100 Kilometer

Rank in course/Women: 19 (of 35)

Best time in course: 10:52:44

Category:

Rank in category: 4(of 4)

Seniorinnen W40 (40-44)

Best time in the category: 10:52:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.00	3:41:15	8:11	4	50:10	24	50:10	27.00	3:41:15	8:11	4	50:10	24	50:10
Floh-Seligenthal	27.00	3:32:47	7:52	3	37:02	17	37:02	54.00	7:14:02	8:02	3	1:27:12	21	1:27:12
Finsterbergen	22.00	3:17:16	8:58	3	40:50	16	40:50	76.00	10:31:18	8:18	4	2:08:02	21	2:08:02
Fröttstädt	24.00	3:05:48	7:44	2	36:20	9	3:05:48	100.00	13:37:06	8:10	4	2:44:22	19	2:44:22