



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Max Bisanz

Club: LOS Multisport  
Number: 1012

Course: 160.00 km  
100 Meilen

Category:  
Senioren M45 (45-49) M

Total time: 23:18:35

Speed: 6.86 km/h  
Running performance: 8:44 min/km

Rank in course/Total: 22 (of 70)

Rank in course/Men: 20 (of 63)

Best time in course: 17:03:47

Rank in category: 2(of 7)

Best time in the category: 18:56:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:46:13	6:48	3	19:36	20	1:10:38	42.00	4:46:13	6:48	3	19:36	20	1:10:38
Sondra	28.00	4:15:14	9:06	2	34:03	21	54:39	70.00	9:01:27	7:44	2	53:39	19	2:03:52
Glasbachwiese	17.00	2:38:55	9:20	2	27:31	18	40:30	87.00	11:40:22	8:03	2	1:21:10	20	2:31:04
Floh-Seligenthal	27.00	3:51:08	8:33	2	50:10	21	1:06:06	114.00	15:31:30	8:10	2	2:11:20	20	3:21:53
Finsterbergen	24.00	3:45:58	9:24	4	55:48	25	1:24:17	138.00	19:17:28	8:23	3	3:07:08	21	4:31:03
Fröttstädt	22.00	4:01:07	10:57	3	1:15:21	32	4:01:07	160.00	23:18:35	8:44	2	4:22:29	20	6:14:48