



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Alexandra Martin

Club: TSV Prichsenstadt
Number: 47

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W45 (45-49)

Total time: 15:20:53

Speed: 6.52 km/h
Running performance: 9:12 min/km

Rank in course/Total: 121 (of 153)

Rank in course/Women: 28 (of 35)

Best time in course: 10:52:44

Rank in category: 6(of 6)

Best time in the category: 11:51:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:54:02	8:40	6	56:08	29	1:02:57	27.00	3:54:02	8:40	6	56:08	29	1:02:57
Floh-Seligenthal	27.00	4:10:41	9:17	6	1:04:21	28	1:14:56	54.00	8:04:43	8:58	6	1:53:06	29	2:17:53
Finsterbergen	22.00	3:39:05	9:57	5	50:53	26	1:02:39	76.00	11:43:48	9:15	6	2:43:59	29	3:20:32
Fröttstädt	24.00	3:37:05	9:02	4	45:23	26	3:37:05	100.00	15:20:53	9:12	6	3:29:22	28	4:28:09