



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Katrin Schneider

Club: GutsMuths Rennsteiglaufverein
Number: 103

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W50 (50-54)

Total time: 12:39:45

Speed: 7.90 km/h
Running performance: 7:35 min/km

Rank in course/Total: 54 (of 153)

Rank in course/Women: 9 (of 35)

Best time in course: 10:52:44

Rank in category: 1(of 14)

Best time in the category: 12:39:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:13:44	7:10	1	-	10	22:39	27.00	3:13:44	7:10	1	-	10	22:39
Floh-Seligenthal	27.00	3:16:06	7:15	2	0:16	9	20:21	54.00	6:29:50	7:13	1	-	8	43:00
Finsterbergen	22.00	3:01:39	8:15	1	-	9	25:13	76.00	9:31:29	7:31	1	-	8	1:08:13
Fröttstädt	24.00	3:08:16	7:50	1	-	11	3:08:16	100.00	12:39:45	7:35	1	-	9	1:47:01