



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Nicole Schaub

Club: Ohrdruf
Number: 135

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W50 (50-54)

Total time: 14:12:45

Speed: 7.04 km/h
Running performance: 8:31 min/km

Rank in course/Total: 99 (of 153)

Rank in course/Women: 22 (of 35)

Best time in course: 10:52:44

Rank in category: 6(of 14)

Best time in the category: 12:39:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:46:15	8:22	9	32:31	27	55:10	27.00	3:46:15	8:22	9	32:31	27	55:10
Floh-Seligenthal	27.00	3:45:16	8:20	6	29:26	21	49:31	54.00	7:31:31	8:21	6	1:01:41	23	1:44:41
Finsterbergen	22.00	3:24:52	9:18	6	23:13	19	48:26	76.00	10:56:23	8:38	6	1:24:54	23	2:33:07
Fröttstädt	24.00	3:16:22	8:10	4	8:06	17	3:16:22	100.00	14:12:45	8:31	6	1:33:00	22	3:20:01