



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Rocco Scholz

Club: Crazy Runners Team Frankenwald
Number: 1040

Course: 160.00 km
100 Meilen

Category:
Senioren M45 (45-49) M

Total time: 23:20:39

Speed: 6.85 km/h
Running performance: 8:45 min/km

Rank in course/Total: 23 (of 70)

Rank in course/Men: 22 (of 63)

Best time in course: 17:03:47

Rank in category: 4(of 7)

Best time in the category: 18:56:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:46:28	6:49	4	19:51	21	1:10:53	42.00	4:46:28	6:49	4	19:51	21	1:10:53
Sondra	28.00	4:18:49	9:14	4	37:38	23	58:14	70.00	9:05:17	7:47	4	57:29	22	2:07:42
Glasbachwiese	17.00	2:49:23	9:57	4	37:59	27	50:58	87.00	11:54:40	8:12	4	1:35:28	25	2:45:22
Floh-Seligenthal	27.00	3:53:20	8:38	4	52:22	25	1:08:18	114.00	15:48:00	8:18	4	2:27:50	22	3:38:23
Finsterbergen	24.00	3:41:12	9:13	2	51:02	22	1:19:31	138.00	19:29:12	8:28	4	3:18:52	22	4:42:47
Fröttstädt	22.00	3:51:27	10:31	2	1:05:41	31	3:51:27	160.00	23:20:39	8:45	4	4:24:33	22	6:16:52