



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Claudia Cavaleiro

Club: OSC Waldniel/100 MC
Number: 69

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W50 (50-54)

Total time: 19:24:00

Speed: 5.15 km/h
Running performance: 11:38 min/km

Rank in course/Total: 146 (of 153)

Rank in course/Women: 34 (of 35)

Best time in course: 10:52:44

Rank in category: 14(of 14)

Best time in the category: 12:39:45

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind		Pos	Behind		Total		Pos	Behind		
	km	Time		Cat.	min/km		Cat.	Women	Women	km		Time	min/km	Cat.
Glasbachwiese	27.00	4:44:36	10:32	14	1:30:52	34	1:53:31	27.00	4:44:36	10:32	14	1:30:52	34	1:53:31
Floh-Seligenthal	27.00	5:07:09	11:22	14	1:51:19	33	2:11:24	54.00	9:51:45	10:57	14	3:21:55	34	4:04:55
Finsterbergen	22.00	fehlt!	-	-	-	-	-	76.00	-	-	-	-	-	-
Fröttstädt	24.00	19:24:00	48:30	14	16:15:44	35	19:24:00	100.00	19:24:00	11:38	14	6:44:15	34	8:31:16