



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Claudia Cavaleiro

Club: OSC Waldniel/100 MC  
Number: 69

Course: 100.00 km  
100 Kilometer

Category:  
Seniorinnen W50 (50-54)

Total time: 19:24:00

Speed: 5.15 km/h  
Running performance: 11:38 min/km

Rank in course/Total: 146 (of 153)

Rank in course/Women: 34 (of 35)

Best time in course: 10:52:44

Rank in category: 14(of 14)

Best time in the category: 12:39:45

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	4:44:36	10:32	14	1:30:52	34	1:53:31	27.00	4:44:36	10:32	14	1:30:52	34	1:53:31
Floh-Seligenthal	27.00	5:07:09	11:22	14	1:51:19	33	2:11:24	54.00	9:51:45	10:57	14	3:21:55	34	4:04:55
Finsterbergen	22.00	fehlt!	-	-	-	-	-	76.00	-	-	-	-	-	-
Fröttstädt	24.00	19:24:00	48:30	14	16:15:44	35	19:24:00	100.00	19:24:00	11:38	14	6:44:15	34	8:31:16