



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Bärbel Fischer

Club: RLT Rodgau
Number: 55

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W55 (55-59)

Total time: 11:10:43

Speed: 8.95 km/h
Running performance: 6:42 min/km

Rank in course/Total: 18 (of 153)

Rank in course/Women: 2 (of 35)

Best time in course: 10:52:44

Rank in category: 1(of 6)

Best time in the category: 11:10:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	2:56:24	6:31	1	-	2	5:19	27.00	2:56:24	6:31	1	-	2	5:19
Floh-Seligenthal	27.00	2:58:53	6:37	1	-	2	3:08	54.00	5:55:17	6:34	1	-	2	8:27
Finsterbergen	22.00	2:38:13	7:11	1	-	2	1:47	76.00	8:33:30	6:45	1	-	2	10:14
Fröttstädt	24.00	2:37:13	6:33	1	-	3	2:37:13	100.00	11:10:43	6:42	1	-	2	17:59