



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Katrin von Iven

Club: LSG Ascania Aschersleben
Number: 163

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W55 (55-59)

Total time: 12:19:11

Speed: 8.12 km/h
Running performance: 7:23 min/km

Rank in course/Total: 36 (of 153)

Rank in course/Women: 6 (of 35)

Best time in course: 10:52:44

Rank in category: 2(of 6)

Best time in the category: 11:10:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Glasbachwiese	27.00	3:11:32	7:05	2	15:08	7	20:27	27.00	3:11:32	7:05	2	15:08	7	20:27
Floh-Seligenthal	27.00	3:13:27	7:09	3	14:34	6	17:42	54.00	6:24:59	7:07	2	29:42	6	38:09
Finsterbergen	22.00	2:57:25	8:03	3	19:12	7	20:59	76.00	9:22:24	7:23	2	48:54	6	59:08
Fröttstädt	24.00	2:56:47	7:21	3	19:34	7	2:56:47	100.00	12:19:11	7:23	2	1:08:28	6	1:26:27