



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Antje Matthiesen

Club: LG Mauerweg Berlin e.V.
Number: 17

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W55 (55-59)

Total time: 12:25:33

Speed: 8.05 km/h
Running performance: 7:27 min/km

Rank in course/Total: 44 (of 153)

Rank in course/Women: 7 (of 35)

Best time in course: 10:52:44

Rank in category: 3(of 6)

Best time in the category: 11:10:43

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:15:47	7:15	3	19:23	12	24:42	27.00	3:15:47	7:15	3	19:23	12	24:42
Floh-Seligenthal	27.00	3:10:32	7:03	2	11:39	4	14:47	54.00	6:26:19	7:09	3	31:02	7	39:29
Finsterbergen	22.00	2:58:52	8:07	4	20:39	8	22:26	76.00	9:25:11	7:26	3	51:41	7	1:01:55
Fröttstädt	24.00	3:00:22	7:30	4	23:09	8	3:00:22	100.00	12:25:33	7:27	3	1:14:50	7	1:32:49