



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Monika Loebermann

Club: TSF Welzheim
Number: 126

Course: 100.00 km
100 Kilometer

Category:
Seniorinnen W55 (55-59)

Total time: 12:34:33

Speed: 7.95 km/h
Running performance: 7:32 min/km

Rank in course/Total: 48 (of 153)

Rank in course/Women: 8 (of 35)

Best time in course: 10:52:44

Rank in category: 4(of 6)

Best time in the category: 11:10:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:28:01	7:42	5	31:37	20	36:56	27.00	3:28:01	7:42	5	31:37	20	36:56
Floh-Seligenthal	27.00	3:20:41	7:25	4	21:48	10	24:56	54.00	6:48:42	7:34	4	53:25	15	1:01:52
Finsterbergen	22.00	2:51:20	7:47	2	13:07	5	14:54	76.00	9:40:02	7:37	4	1:06:32	9	1:16:46
Fröttstädt	24.00	2:54:31	7:16	2	17:18	6	2:54:31	100.00	12:34:33	7:32	4	1:23:50	8	1:41:49