



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Antje Wienstroer

Number: 84

Course: 100.00 km  
100 Kilometer

Category:  
Seniorinnen W55 (55-59)

Total time: 13:30:31

Speed: 7.40 km/h  
Running performance: 8:06 min/km

Rank in course/Total: 80 (of 153)

Rank in course/Women: 15 (of 35)

Best time in course: 10:52:44

Rank in category: 5(of 6)

Best time in the category: 11:10:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:22:52	7:30	4	26:28	18	31:47	27.00	3:22:52	7:30	4	26:28	18	31:47
Floh-Seligenthal	27.00	3:33:16	7:53	5	34:23	19	37:31	54.00	6:56:08	7:42	5	1:00:51	17	1:09:18
Finsterbergen	22.00	3:15:58	8:54	5	37:45	14	39:32	76.00	10:12:06	8:03	5	1:38:36	17	1:48:50
Fröttstädt	24.00	3:18:25	8:16	5	41:12	18	3:18:25	100.00	13:30:31	8:06	5	2:19:48	15	2:37:47