



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Peter Rübsam

Club: WSV 1907 Steinbach LGOE
Number: 1075

Course: 160.00 km
100 Meilen

Category:
Senioren M50 (50-54) M

Total time: 20:16:29

Speed: 7.89 km/h
Running performance: 7:36 min/km

Rank in course/Total: 9 (of 70)

Rank in course/Men: 9 (of 63)

Best time in course: 17:03:47

Rank in category: 1(of 14)

Best time in the category: 20:16:29

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Hörselberg | 42.00 | 4:25:01 | 6:18 | 3 | 20:13 | 13 | 49:26 | 42.00 | 4:25:01 | 6:18 | 3 | 20:13 | 13 | 49:26 |
| Sondra | 28.00 | 3:47:12 | 8:06 | 1 | - | 10 | 26:37 | 70.00 | 8:12:13 | 7:01 | 1 | - | 12 | 1:14:38 |
| Glasbachwiese | 17.00 | 2:22:22 | 8:22 | 1 | - | 8 | 23:57 | 87.00 | 10:34:35 | 7:17 | 2 | 29:00 | 11 | 1:25:17 |
| Floh-Seligenthal | 27.00 | 3:28:36 | 7:43 | 2 | 16:50 | 15 | 43:34 | 114.00 | 14:03:11 | 7:23 | 2 | 45:50 | 11 | 1:53:34 |
| Finsterbergen | 24.00 | 3:28:39 | 8:41 | 4 | 13:04 | 16 | 1:06:58 | 138.00 | 17:31:50 | 7:37 | 2 | 58:54 | 13 | 2:45:25 |
| Fröttstädt | 22.00 | 2:44:39 | 7:29 | 2 | 2:44:39 | 8 | 2:44:39 | 160.00 | 20:16:29 | 7:36 | 1 | - | 9 | 3:12:42 |