



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Thomas Fischer

Club: RLT Rodgau
Number: 1055

Course: 160.00 km
100 Meilen

Category:
Senioren M50 (50-54) M

Total time: 20:18:16

Speed: 7.88 km/h
Running performance: 7:36 min/km

Rank in course/Total: 10 (of 70)

Rank in course/Men: 10 (of 63)

Best time in course: 17:03:47

Rank in category: 2(of 14)

Best time in the category: 20:16:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:04:48	5:49	1	-	3	29:13	42.00	4:04:48	5:49	1	-	3	29:13
Sondra	28.00	fehlt!	-	-	-	-	-	70.00	-	-	-	-	-	-
Glasbachwiese	17.00	6:00:47	21:13	13	3:38:25	51	4:02:22	87.00	10:05:35	6:57	1	-	4	56:17
Floh-Seligenthal	27.00	3:11:46	7:06	1	-	6	26:44	114.00	13:17:21	6:59	1	-	5	1:07:44
Finsterbergen	24.00	3:15:35	8:08	1	-	13	53:54	138.00	16:32:56	7:11	1	-	7	1:46:31
Fröttstädt	22.00	3:45:20	10:14	8	3:45:20	27	3:45:20	160.00	20:18:16	7:36	2	1:47	10	3:14:29