



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Torsten Kraushaar

Club: TRCT Racing Team  
Number: 1005

Course: 160.00 km  
100 Meilen

Category:  
Senioren M50 (50-54) M

Total time: 20:31:46

Speed: 7.79 km/h  
Running performance: 7:41 min/km

Rank in course/Total: 13 (of 70)

Rank in course/Men: 13 (of 63)

Best time in course: 17:03:47

Rank in category: 3(of 14)

Best time in the category: 20:16:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:25:01	6:18	3	20:13	13	49:26	42.00	4:25:01	6:18	3	20:13	13	49:26
Sondra	28.00	3:53:06	8:19	2	5:54	14	32:31	70.00	8:18:07	7:06	2	5:54	14	1:20:32
Glasbachwiese	17.00	2:24:34	8:30	2	2:12	11	26:09	87.00	10:42:41	7:23	3	37:06	12	1:33:23
Floh-Seligenthal	27.00	3:40:13	8:09	3	28:27	19	55:11	114.00	14:22:54	7:34	3	1:05:33	15	2:13:17
Finsterbergen	24.00	3:18:24	8:16	2	2:49	14	56:43	138.00	17:41:18	7:41	3	1:08:22	14	2:54:53
Fröttstädt	22.00	2:50:28	7:44	3	2:50:28	10	2:50:28	160.00	20:31:46	7:41	3	15:17	13	3:27:59