



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Achim Rhein

Club: Melzer Aktiv Laufteam
Number: 1057

Course: 160.00 km
100 Meilen

Category:
Senioren M50 (50-54) M

Total time: 24:46:19

Speed: 6.46 km/h
Running performance: 9:17 min/km

Rank in course/Total: 37 (of 70)

Rank in course/Men: 34 (of 63)

Best time in course: 17:03:47

Rank in category: 12(of 14)

Best time in the category: 20:16:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	4:58:21	7:06	7	53:33	28	1:22:46	42.00	4:58:21	7:06	7	53:33	28	1:22:46
Sondra	28.00	4:31:26	9:41	8	44:14	30	1:10:51	70.00	9:29:47	8:08	8	1:17:34	29	2:32:12
Glasbachwiese	17.00	2:57:46	10:27	11	35:24	33	59:21	87.00	12:27:33	8:35	9	2:21:58	29	3:18:15
Floh-Seligenthal	27.00	4:17:58	9:33	10	1:06:12	36	1:32:56	114.00	16:45:31	8:49	11	3:28:10	32	4:35:54
Finsterbergen	24.00	3:53:29	9:43	9	37:54	33	1:31:48	138.00	20:39:00	8:58	11	4:06:04	32	5:52:35
Fröttstädt	22.00	4:07:19	11:14	10	4:07:19	36	4:07:19	160.00	24:46:19	9:17	12	4:29:50	34	7:42:32