



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Klaus Mantel

Club: 100 Marathon Club  
Number: 1052

Course: 160.00 km  
100 Meilen

Category:  
Senioren M60 (60-64) M

Total time: 26:24:00

Speed: 6.06 km/h  
Running performance: 9:54 min/km

Rank in course/Total: 41 (of 70)

Rank in course/Men: 37 (of 63)

Best time in course: 17:03:47

Rank in category: 3(of 13)

Best time in the category: 23:49:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	5:49:24	8:19	5	1:01:17	46	2:13:49	42.00	5:49:24	8:19	5	1:01:17	46	2:13:49
Sondra	28.00	5:12:01	11:08	4	46:21	41	1:51:26	70.00	11:01:25	9:26	5	1:47:38	43	4:03:50
Glasbachwiese	17.00	3:17:33	11:37	9	29:25	49	1:19:08	87.00	14:18:58	9:52	5	2:17:03	42	5:09:40
Floh-Seligenthal	27.00	4:05:57	9:06	2	0:21	30	1:20:55	114.00	18:24:55	9:41	5	2:17:24	40	6:15:18
Finsterbergen	24.00	3:47:39	9:29	2	4:20	27	1:25:58	138.00	22:12:34	9:39	3	2:21:44	37	7:26:09
Fröttstädt	22.00	4:11:26	11:25	3	49:43	37	4:11:26	160.00	26:24:00	9:54	3	2:34:44	37	9:20:13