



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Uwe Zehring

Club: DUV Oschersleben
Number: 1020

Course: 160.00 km
100 Meilen

Category:
Senioren M60 (60-64) M

Total time: 26:40:35

Speed: 6.00 km/h
Running performance: 10:00 min/km

Rank in course/Total: 43 (of 70)

Rank in course/Men: 39 (of 63)

Best time in course: 17:03:47

Rank in category: 5(of 13)

Best time in the category: 23:49:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	5:19:55	7:37	3	31:48	38	1:44:20	42.00	5:19:55	7:37	3	31:48	38	1:44:20
Sondra	28.00	5:15:53	11:16	5	50:13	42	1:55:18	70.00	10:35:48	9:04	3	1:22:01	38	3:38:13
Glasbachwiese	17.00	3:22:53	11:56	10	34:45	50	1:24:28	87.00	13:58:41	9:38	3	1:56:46	38	4:49:23
Floh-Seligenthal	27.00	4:19:08	9:35	5	13:32	37	1:34:06	114.00	18:17:49	9:37	4	2:10:18	38	6:08:12
Finsterbergen	24.00	4:40:16	11:40	9	56:57	52	2:18:35	138.00	22:58:05	9:59	5	3:07:15	41	8:11:40
Fröttstädt	22.00	3:42:30	10:06	2	20:47	25	3:42:30	160.00	26:40:35	10:00	5	2:51:19	39	9:36:48