



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Henry Jahn

Club: SV Bad Düben
Number: 1047

Course: 160.00 km
100 Meilen

Category:
Senioren M60 (60-64) M

Total time: 30:26:51

Speed: 5.25 km/h
Running performance: 11:25 min/km

Rank in course/Total: 56 (of 70)

Rank in course/Men: 51 (of 63)

Best time in course: 17:03:47

Rank in category: 9(of 13)

Best time in the category: 23:49:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	5:56:38	8:29	8	1:08:31	52	2:21:03	42.00	5:56:38	8:29	8	1:08:31	52	2:21:03
Sondra	28.00	6:49:38	14:37	10	2:23:58	51	3:29:03	70.00	12:46:16	10:56	10	3:32:29	52	5:48:41
Glasbachwiese	17.00	3:12:28	11:19	5	24:20	41	1:14:03	87.00	15:58:44	11:01	11	3:56:49	56	6:49:26
Floh-Seligenthal	27.00	5:09:14	11:27	9	1:03:38	53	2:24:12	114.00	21:07:58	11:07	10	5:00:27	54	8:58:21
Finsterbergen	24.00	4:31:38	11:19	8	48:19	49	2:09:57	138.00	25:39:36	11:09	9	5:48:46	52	10:53:11
Fröttstädt	22.00	4:47:15	13:03	8	1:25:32	51	4:47:15	160.00	30:26:51	11:25	9	6:37:35	51	13:23:04