



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Rainer GROSSMANN

Club: TV Haibach
Number: 1030

Course: 160.00 km
100 Meilen

Category:
Senioren M65 (65-69) M

Total time: 24:27:09

Speed: 6.54 km/h
Running performance: 9:10 min/km

Rank in course/Total: 36 (of 70)

Rank in course/Men: 33 (of 63)

Best time in course: 17:03:47

Rank in category: 1(of 2)

Best time in the category: 24:27:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.00	5:15:29	7:30	1	-	37	1:39:54	42.00	5:15:29	7:30	1	-	37	1:39:54
Sondra	28.00	4:42:52	10:06	1	-	35	1:22:17	70.00	9:58:21	8:32	1	-	34	3:00:46
Glasbachwiese	17.00	2:56:43	10:23	1	-	32	58:18	87.00	12:55:04	8:54	1	-	35	3:45:46
Floh-Seligenthal	27.00	4:04:55	9:04	1	-	28	1:19:53	114.00	16:59:59	8:56	1	-	33	4:50:22
Finsterbergen	24.00	3:49:02	9:32	1	-	29	1:27:21	138.00	20:49:01	9:03	1	-	34	6:02:36
Fröttstädt	22.00	3:38:08	9:54	1	-	24	3:38:08	160.00	24:27:09	9:10	1	-	33	7:23:22